



From the Heart Center

THE CHAKRAS: QUALITIES AND COMMON COLOR MEANINGS:

7 th : Connection with your Higher Self/The Divine	Violet or white: knowledge and wisdom
6 th : Vision, perception,	Indigo: spiritual transformation, searching
5 th : Communication, expression	Sky Blue: certainty, clarity, loyalty
4 th : Love, affinity, identity	Green: growth, change, healing
3 rd : Actions, male & female energy, your will	Yellow: amusement, intelligence
2 nd : Emotions, sexuality	Orange: creativity, being social
1 st : Survival, security, safety	Red: passion, vitality, anger, being real



